

Sensory Resource Library

www.rubysfund.co.uk

Ruby's Sensory Resource Library

Ruby's can now support SEND families living in Cheshire East by offering a sensory resource library, thanks to grant funding.

Families can explore and borrow a range of sensory products to see if they would benefit their child.

There are so many different products on the market, and the aim of the resource library is to try out the products before you buy (or not). The following pages show as selection of the types of sensory items we offer but this library is always evolving so not all sensory items are listed.

Any items borrowed will need to be returned in full working order and in good condition.

If you are new to Ruby's you will need to register <u>here</u> to borrow items from our library. If you're already registered with us please discuss with your main Ruby's contact.

Home symbols visual communication pack

Visual Communication Aids benefit children and adults who are non-verbal or have communication difficulties. They can also be used to aid the expression of emotions and direct and remind of what is going to happen, helping to avoid meltdowns and easing transitions.



Traffic light fan

The Traffic Light fan is a simple fan with just 3 symbols - Green, Amber and Red.

Our communication fans are robust for regular use. Suitable for Foundation Stage and Key Stage 1 and 2.

Can be wiped with antibac spray or wipes.

Communication fans are a simple way for children to express either how they are feeling emotionally or how their sensory environment is affecting them. This fan is good for communicating sensory needs or stresses. Ideal for children with non-verbal autism.



Kids weighted blanket

The weight is provided by plastic beads sewn into small individual cells within the durable polycotton inner lining for additional strength and comfort. This design allows the user to place the blanket over themselves and feel their body being cocooned by the beads for a deep pressure calming effect.

Weighted blankets can be used on a bed (on top of existing bedding) or is perfect for draping across the shoulders or wrapping around the body for a calming hug effect.

Weighted Blankets are typically used to reduce the symptoms of conditions such as Autism and Sensory Processing Disorders (SPD). They are now widely used for other reasons such as reducing stress and anxiety, PTSD, panic attacks and reduce meltdowns as well as helping you and your child get a good night's sleep.



Weighted lap pads

Designed to apply calming deep pressure to the lap and upper legs whilst the user is sitting down. The weight is provided by plastic beads sewn into small individual cells that mould themselves to the body or legs.

The user experiences the deep pressure from the weight of the Lap Pad which has a calming effect helping attention span and reducing excessive fidgeting.

Because of the size of the Lap Pad, it is a cost effective, safe and portable tool, making them ideal for use in the classroom, at reading time, at the dinner table, in the car or whenever and wherever needed.



Ear defenders

Ear Defenders are great for children and young adults with Autism and Sensory Processing issues who are sensitive to noise and certain sounds.

Maybe your child finds the sound of traffic or hand dryers too loud or they find the sounds at their social events just too much to cope with. Our ear defenders reduce the sounds of the world and help provide a safe space for the wearer.



Sensory massage cushion

Vibrating pillow can be used for sensory and tactile input and are a comfortable and convenient way to provide soothing, regulating and healing effects to any part of your body.

Vibration itself has many therapeutic benefits for people of all ages. In particular, children with sensory processing disorders / sensory integration dysfunction enjoy, and often need or crave, the input these massage pillows provide.

Made from leather effect wipe clean vinyl for comfort and easy care. Light and portable (weights 425g) the cushion is is filled with high density sponge for support and comfort.

There is an On/Off switch on the front of the cushion and the massage affect is triggered by squeezing or sitting on the cushion making it a great "cause and effect" tool. Measures 30cm x 30cm with 6 nodules and rechargeable. One charge will last approx. 18 hours.



Sitting wedge

A dynamic inflatable wedge shaped seating cushion which actively promotes proper seating posture, back alignment and improves core stability in young children.

They are a great resource for anyone who has difficulty sitting for short or long periods of time. Who get distracted easily. Who have trouble concentrating. Who have difficulty with calming down. Smooth on one side and has a "bumpy" tactile side on the other. Beneficial for those with poor body awareness and low muscle tone. The cushion can also be used at home or at school, on a seat or on the floor.



Peanut therapy ball

Ideal for therapeutic use, especially for those who have problems with balance and coordination. The shape of the peanut therapy ball encourages both children and adults to engage core muscles to build strength and improve posture.

These therapy balls offer greater stability than regular, round therapy balls by limiting movement to forward and backward. Use it as a bench or straddle it for extra stability. Big enough for a therapist and a child to sit together on the peanut ball.



Sensory den

The Pop Up Sensory Twilight Den is a very easy to use enclosure, that pops open under its own sprung tension and requires no poles, pegs or ties. Developed to offer an alternative to a permanent sensory room, it is portable, light and very affordable.

Once open, it provides a safe environment that is ideal for use with projectors and illuminated toys. In a dark room the den provides a totally dark environment. Introduce a light source outside for a "twilight" effect!

We've also added a zipped window at the back so you can see what going on inside (also great for peek-a-boo games!). The bottom of the cube is made from strong ripstop waterproof material.

The pop up construction means that the sensory cube can be instantly set up for use, then quickly folded down and stored away in the carry bag included.



The junior wobble cushion

A cushion which can be used at home or in schools to help promote correct posture and improve core stability. The Junior Wobble Cushion can be particularly effective for kids with ADHD.

- Ideal for encouraging 'active sitting' for kids.
- On one side there is an anti-slip surface while on the other side there are tiny bumps that are designed to stimulate a child's sensory receptors.
- The rounded shape of the Junior Wobble Cushion means that the user must actively use their supporting muscles to remain stable.

Approximate Product Dimensions: (W) 30 cm x (L) 30 cm

Latex free



Scooter board

Sturdy plastic tummy scooter board with handles on either side of the board. This Scooter Board slightly is smaller measuring 30cm long by 30cm wide making it ideal for smaller children.

The integral contoured handles help children grip the scooter to aid stability and balance, helping inspire confident movement. Children can sit, kneel or lie prone position on the sturdy 30cm long board.

- Encourages balance and motor planning
- Develops strength in the core and helps to improve weak muscle tone
- Helps kids estimate speed and distance
- An ideal tool for children on the autism spectrum or with sensory and vestibular challenges
- Age 3+



Stretchy lycra band

The band is a loop which is 35cm wide and can be pulled and stretched to provide resistance to improve muscle tone and improve spatial awareness.

Great for relieving anxiety and getting rid of excess energy. Little ones can get inside the band (the model in the pictures is 5 years old) and larger children and teen can use the band to pull and stretch.

Use under supervision.



Bilibo

Bilibo is a "shell-shaped, hard-wearing piece of plastic" used as a toy. It can be used in a range of ways, but it is most commonly used as a "bucket" style seat for spinning in.

- Round soft shape conveys safety and security.
- Scuffproof high-density Polyethylene, shock resistant, non-toxic, 100% recyclable.
- Dimensions: 39 * 39 * 22 cm.
- Weight: 800 grams.



Body sock

The 4 way stretch lycra sensory body sock is an all round movement, proprioceptive, tactile and deep pressure experience.

Once inside, the stretchy material gently resists movements encouraging experimentation. The resistant walls of the body sock provide a tactile means of self-referencing that improves body awareness and assists in developing spatial awareness through balance and resistance.

